

## JOSSIAS\*, 24 MESES, MOÇAMBIQUE

• Georgina\*, 27 anos (mãe)

Jossias, 24 months old, was diagnosed with Severe Acute Malnutrition (SAD), with other medical complications. At 1.5 years old, he was admitted to the District Hospital of Chiúre (HDC) weighing 5.3 kilograms. The reasons identified were, among others, the early introduction of school-age meals. At just three months old, he was being fed with corn, cassava, peanuts, moringa, pines and meat.

He was flagged by Save the Children's Mobile Brigades, in coordination with the district health authorities. Jossias entered a rehabilitation program at the HDC, is he was monitored by Elementary Health Agents. After three months of treatment, he followed another three on an outpatient basis with the Mobile Brigades, having completely recovered from the DAG.

Today, Jossias is a healthy child, but he continues to benefit the health activists monitoring. His mother, Georgina, 27 years old, is the mother of other three children, and is now a happy mother.

## Georgina says:

"With the health agents and medical personnel, I learned that I should have continued to only breastfeed the child until it was at least six months old to ensure that he grows disease-free and stays strong."

"Thanks to the mobile brigades, my son received treatment at the hospital, which was good because I would have had difficulties in carrying out the treatment from home because the hospital is far from my house and I wouldn't have the money to travel all the time".

"Now we are able to sleep deeply because the boy is no longer skinny and he also sleeps without crying at night and we receive visits three times a week from the mobile brigade members who follow up on how he is doing."

Save the Children, through a USAID's Bureau for Humanitarian Assistance (BHA) funded project, is supporting displaced people from the conflict in Cabo Delgado, as well as people from host communities by providing health, nutrition, sanitation and child protection services, helping saving lives among displaced and vulnerable populations in that province.

Jossias was a beneficiary of the primary health services component through Mobile Health Brigades that support three reference health units in the districts of Chiúre and Metuge. These units receive training, medical supplies and pharmaceuticals and collaborate with 15 Community Health Committees and Community Health Agents to conduct disease surveillance and promote hygiene and nutrition.

This project also supports the work of the Ministry of Health in the management of acute malnutrition through the provision of supplies and technical support to health personnel. It also provides assistance in cash or vouchers for families with children who have recently left the malnutrition program.

The project, which has been implemented since 2021, benefits 138,342 people, of which 61,976 are displaced and the rest from host communities.



## CASE STUDY



Jossias received regular follow-up for three months, either at his home or with our mobile brigades, and he gradually recovered.

\*Names changed to protect identity

Entrevista conduzida por: Neusa Armando Chilengue História editada por: Rui Mutemba História aprovada por: Artur Estêvão País/província da entrevista: Moçambique/Cabo Delgado, distrito de Chiure.